CHECKLISTS

Bedroom Spring Cleaning

Work at your own pace. Tick off what you finish and leave the rest for another session.

Date: _____ | 37 tasks

Use a product suited to the surface and follow its label. Never mix cleaning products. Keep them away from children and pets.

01 / Clean the Clutter

- [ ] Put dirty clothes in the hamper
- [ ] Collect things that belong elsewhere & put in a box marked “Return”
- [ ] Gather up items you no longer want & put in a box marked “Donate”
- [ ] Pick up all trash & put in a box marked “Trash”

02 / Clean the Walls

- [ ] Remove curtains
- [ ] Strip the bed of all but the mattress cover
- [ ] Remove pictures and art from walls and place on the bed
- [ ] Take curtains & linens to the laundry room

03 / Get Dusting

- [ ] Use a long-handled cleaning pole to dust the ceiling fan
- [ ] Dust the ceiling
- [ ] Dust the walls
- [ ] Dust door jambs
- [ ] Dust window molding and sills
- [ ] Dust baseboards
- [ ] Use microfiber cloths to dust picture frames
- [ ] Dust furniture, then polish

04 / Clean the Glass

- [ ] Clean the fronts of pictures and rehang
- [ ] Polish mirrors
- [ ] Polish windows
- [ ] Polish other glass surfaces

05 / Clean the Lamps

- [ ] Remove shades from lamps
- [ ] Switch off and cool the light, then dust the bulb with a dry cloth as its instructions allow
- [ ] Wipe the cord down

06 / Clean the Bed

- [ ] Strip the mattress pad & take it to the laundry room
- [ ] Use the vacuum's upholstery attachment to vacuum the mattress (both sides)
- [ ] Use the floor attachment to vacuum beneath the bed
- [ ] Use a damp microfiber cloth to wipe the bed frame

07 / Finish the Floor

- [ ] Use the crevice attachment to vacuum around the base of walls
- [ ] Vacuum the floor
- [ ] Treat stains on the carpet
- [ ] Shampoo the carpet

08 / Final Touches

- [ ] Rehang the clean curtains
- [ ] Put a clean pad on the mattress
- [ ] Put fresh linens on the bed
- [ ] Take the “Donate” box to the car
- [ ] Take the “Trash” box to the garbage can
- [ ] Take items in the “Return” box to their proper locations

Notes & next steps

Continue in the Tidy app

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