CHECKLISTS

Small Household Tasks for the Day

Work at your own pace. Tick off what you finish and leave the rest for another session.

Date: _____ | 12 tasks

Use a product suited to the surface and follow its label. Never mix cleaning products. Keep them away from children and pets.

01 / Daytime steps to clean

- [ ] Tidy up after activities
- [ ] Wipe spills and stains
- [ ] Load and run dishwasher
- [ ] Do a load of laundry
- [ ] Quick bathroom check
- [ ] Address clutter
- [ ] Vacuum high-traffic areas
- [ ] Manage mail and paperwork
- [ ] Wipe down kitchen surfaces
- [ ] Clean frequently touched surfaces as needed
- [ ] Tidy up entryway
- [ ] Check refrigerator

Notes & next steps

Continue in the Tidy app

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