CHALLENGES

Clutter-Free Summer Challenge

Work at your own pace. Tick off what you finish and leave the rest for another session.

Date: _____ | 28 tasks

Use a product suited to the surface and follow its label. Never mix cleaning products. Keep them away from children and pets.

01 / Week 1: Kitchen Cleanout

- [ ] Day 1: Fridge and Freezer
- [ ] Day 2: Pantry
- [ ] Day 3: Countertops and Small Appliances
- [ ] Day 4: Cabinets and Drawers
- [ ] Day 5: Under the Sink
- [ ] Day 6: Tupperware and Food Storage
- [ ] Day 7: Final Touches

02 / Week 2: Closet Cleanup

- [ ] Day 1: Clothing
- [ ] Day 2: Shoes
- [ ] Day 3: Accessories
- [ ] Day 4: Jewelry
- [ ] Day 5: Bags and Purses
- [ ] Day 6: Seasonal Items
- [ ] Day 7: Final Touches

03 / Week 3: Digital Detox

- [ ] Day 1: Emails
- [ ] Day 2: Photos and Videos
- [ ] Day 3: Files and Documents
- [ ] Day 4: Apps and Software
- [ ] Day 5: Social Media
- [ ] Day 6: Desktop and Downloads

- [ ] Day 7: Final Touches

04 / Week 4: Living Space Refresh

- [ ] Day 1: Living Room
- [ ] Day 2: Home Office
- [ ] Day 3: Bedroom
- [ ] Day 4: Bathroom
- [ ] Day 5: Entryway
- [ ] Day 6: Kids’ Rooms
- [ ] Day 7: Final Touches

Notes & next steps

Continue in the Tidy app

cleaning-schedule.app/en/#download