CHECKLISTS

How to Clean Under the Sofa

Work at your own pace. Tick off what you finish and leave the rest for another session.

Date: _____ | 6 tasks

Use a product suited to the surface and follow its label. Never mix cleaning products. Keep them away from children and pets.

01 / Steps to clean

- [ ] Move the sofa only if it can be done safely with help
- [ ] Remove loose debris with a broom or vacuum
- [ ] Dust surfaces and wipe them down
- [ ] Vacuum and mop the floor
- [ ] Clean sofa legs and underside
- [ ] Return the sofa to its original position

Notes & next steps

Continue in the Tidy app

cleaning-schedule.app/en/#download