CHECKLISTS

Kitchen Spring Cleaning

Work at your own pace. Tick off what you finish and leave the rest for another session.

Date: _____ | 44 tasks

Use a product suited to the surface and follow its label. Never mix cleaning products. Keep them away from children and pets.

01 / Discard Clutter and Trash

- [ ] Put items that belong elsewhere in one box/bag
- [ ] Put items for donation in another box/bag
- [ ] Gather trash in the third box/bag

02 / Remove Curtains

- [ ] Take them to the laundry room

03 / Dust from Top to Bottom

- [ ] Dust the ceiling fan
- [ ] Remove art from walls, dust it
- [ ] Dust the ceiling
- [ ] Dust the tops of shelves
- [ ] Dust window frames
- [ ] Dust corners and walls
- [ ] Dust window casings and sills
- [ ] Dust cupboard fronts
- [ ] Dust baseboards

04 / Use Glass Cleaner

- [ ] Clean light fixtures
- [ ] Clean windows
- [ ] Clean other glass surfaces
- [ ] Clean the fronts of pictures
- [ ] Return pictures to walls

05 / Use All-Purpose Cleaner

- [ ] Clean the tops of cupboards
- [ ] Remove items from cupboards and discard/donate as you go
- [ ] Clean inside each cupboard
- [ ] Remove items from each drawer
- [ ] Clean inside each drawer and discard/donate as you go

- [ ] Clean the exteriors of all cupboards and drawers

06 / Clean Items on Countertop

- [ ] Fill sink with hot, soapy water
- [ ] Remove items from countertop
- [ ] Wash countertops with soapy water
- [ ] Wipe down items before returning them to the countertops
- [ ] Wipe the cooled microwave interior following its care instructions
- [ ] Wipe inside of microwave clean

07 / Clean the Big Stuff

- [ ] Clean the stove top
- [ ] Clean appliance fronts
- [ ] Polish wood furniture
- [ ] Wipe baseboards with a damp cloth
- [ ] Open windows
- [ ] Spray oven with cleaner
- [ ] Clean the trash can

08 / Finishing Steps

- [ ] Wipe the oven interior clean
- [ ] Clean the oven front
- [ ] Launder curtains
- [ ] Sweep the floor
- [ ] Mop the floor
- [ ] Return the clean trash can to the kitchen
- [ ] Hang the clean curtains

Notes & next steps

Continue in the Tidy app

cleaning-schedule.app/en/#download